

That which we  
constantly affirm  
becomes true for us.

-Louise Hay

Coloring our Mantra Mandalas  
allows you to create and shift  
your mindset through in-action  
meditation.

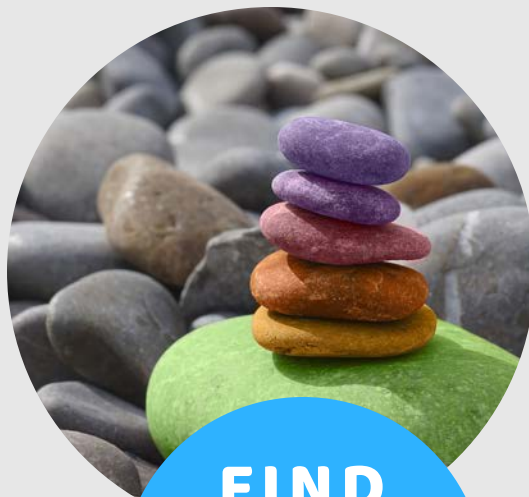
We spin words into colorable  
mandalas so you can...

## **Color Meditate & Raise Your Vibe**

*A Course In Miracles* fans, you  
will love our 365 Mantra  
Mandalas that pair with the  
lessons from ACIM.

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## **SHIFT YOUR MINDSET**



**FIND  
YOUR  
BALANCE**

**GET STARTED TODAY**

COLORING BOOKS  
ONLINE COLORING CIRCLES  
COLORING ACIM TOO!



## **MINDFUL COLORING**



## **Mantra Mandalas<sup>®</sup>**

**A New Twist on  
Adult Coloring**

# WHY Color Mantras Mandalas?

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## MANTRAS

When we repeat mantras, words or phrases, we shift our thoughts and calm negative or self-sabotaging beliefs.

*Hello Personal Growth!*

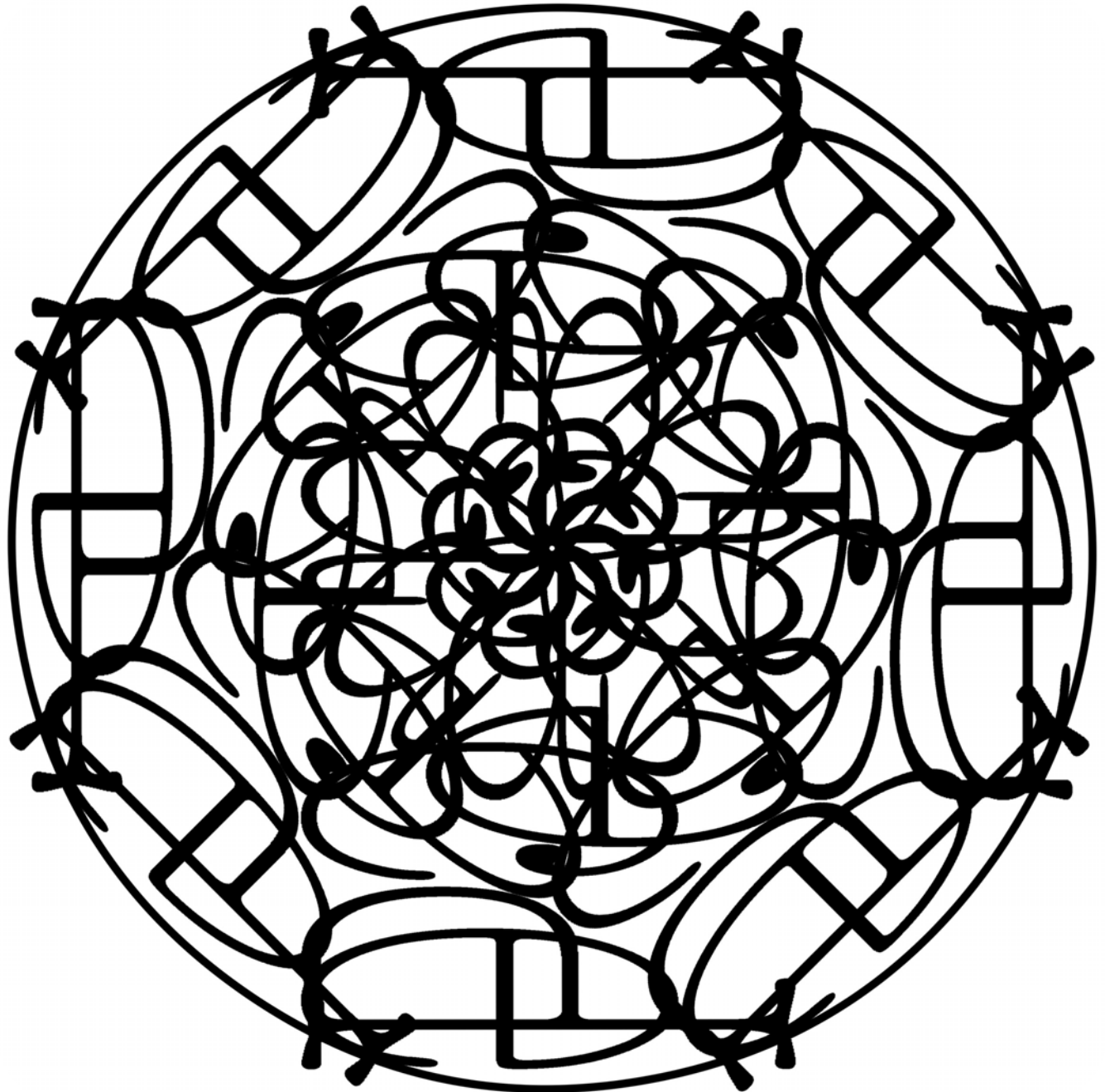
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## MANDALAS

Did you know that coloring a mandala offers greater stress relieving benefits than other kinds of coloring?

It turns out, coloring abstract repetitive patterns creates a relaxing effect on our brains similar to meditation.

# PEACE



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